

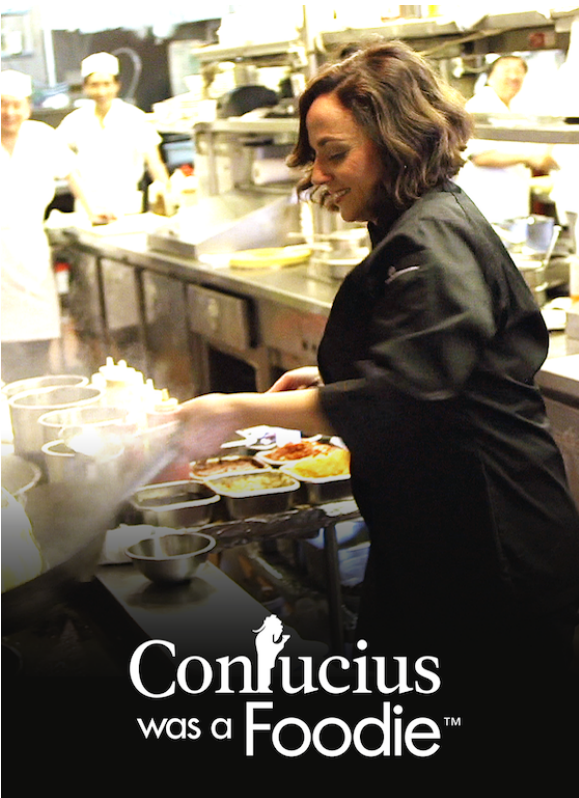


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Confucius Was A Foodie

DOCUMENTARIES



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Factual,
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Lofty Sky Entertainment

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Across 19 episodes of Confucius Was a Foodie, celebrity chef Christine Cushing takes viewers on a journey to uncover the traditions, philosophies, and global influence of Chinese cuisine. Inspired by the discovery that Confucius himself was a foodie, Christine explores Chinese culinary history with the knowledge of a chef and the curiosity of a Westerner.

From North America to Taiwan, Hong Kong, and Southeast Asia, she connects ancient Chinese food principles to modern flavors. Christine also travels to Italy, Greece, and Paris, questioning the origins of pizza, baklava, and crepes, uncovering surprising Chinese ties.

Fresh and fun, each episode offers colorful adventures that reveal cultural history through food. With celebrity guests and mouthwatering discoveries, Christine makes learning about food and culture an unforgettable experience.

Celebrity guests include Anna Olson, Chef Wan, Ming Tsai, Alvin Leung, Ili Suliman, Janet Hsieh, Massimo Capra, Vanessa Yeung, and Fuchsia Dunlop.